

Team Development using Myers Briggs Type Indicator

At IntraQuest, we know how important it is to have the right people with the right capability to drive a winning organisation. We also champion how important self-awareness is when improving performance. IntraQuest have created a 1-day Team Development workshop that utilises the individual and team MBTI Profiles and the 'PERFORM' model to help you ascertain your team's strengths and define a clear action plan for your development areas that will give you a significant and sustainable shift in performance.

One of our most popular offerings is using the Myers Briggs Type Indicator to enhance self-awareness and awareness of others. Myers Briggs is a tried and tested theory that has been used for years now, and is just as valid today as its first inception in the early 20th Century. The tool will help individuals and teams to understand more about their own personality and unique approach to their work and life. Our fully qualified and experienced practitioners can help you use this great tool for many needs, including:

- **Improving team relationships**
- **Valuing Diversity**
- **Influencing and Stakeholder Leadership**
- **Playing to strengths**
- **Improving communication**
- **Problem Solving Strategies**
- **Developing Your leadership style**
- **Managing change**

The Learning Outcomes from our 1-day Team Development Workshop are:

- Understand the theory, validity and reliability of the Myers Briggs Type Indicator;
- Clearly articulate the 4 dichotomies of personality as per the MBTI;
- Agree your own 'best fit' MBTI 'type' based on a comprehensive self-assessment exercise;
- Clearly understand the MBTI 'type' of the team;
- Understand how to value and utilise the diversity within the team for maximum effect;
- Identify areas of strength within the team against the 'PERFORM' high performing teams model;
- Identify areas of concern within the team against the 'PERFORM' high performing teams model;
- Create a team 'action plan' to address areas of concern, taking into consideration key learnings from the MBTI and the 'PERFORM' outcomes.

Please contact info@intraquest.co.uk with your location and number of potential delegates & teams for a more detailed quote.