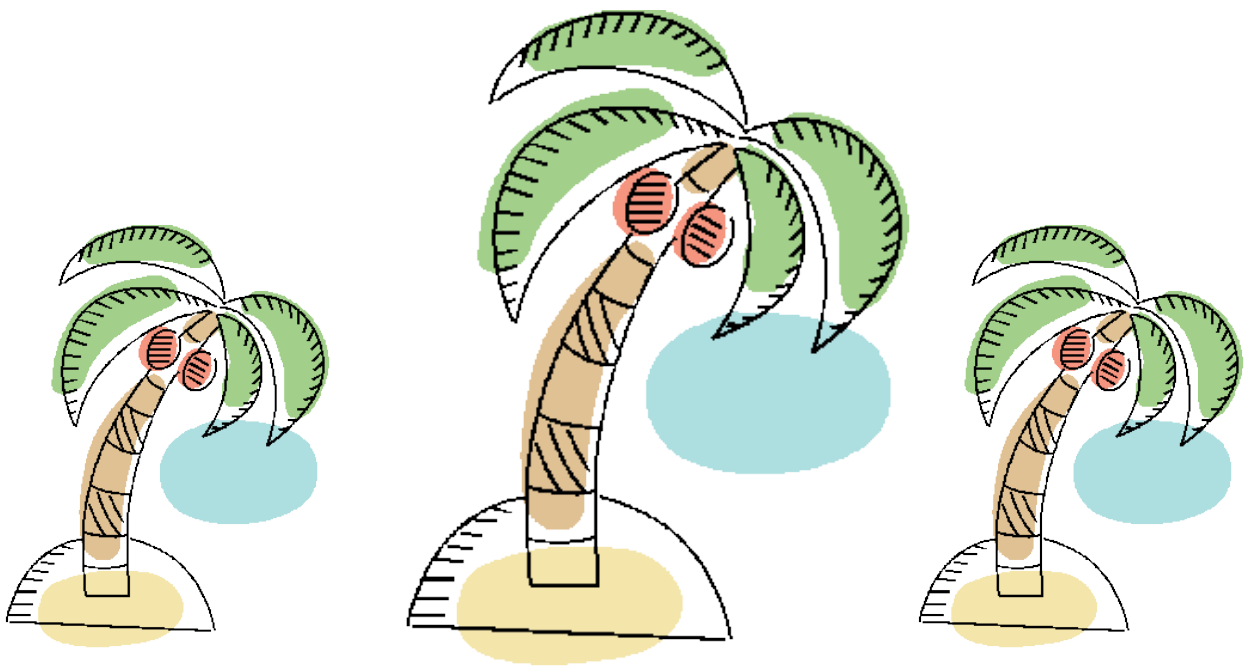


Problem Islands

Worksheet

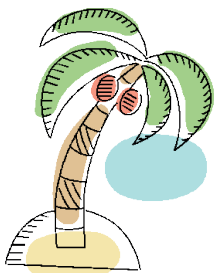
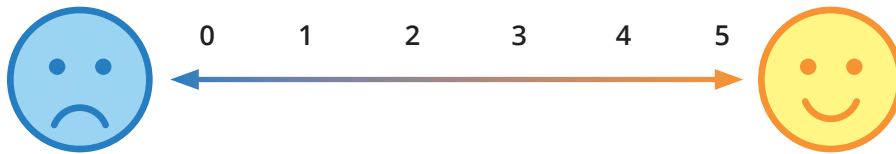


Use this worksheet with young people.

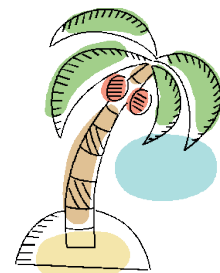
This can help people categorise their problems and highlight the areas that are most problematic.

Problem Islands

Write down any problems you may have around each of the Islands and then choose a number from 1 – 5 to represent how difficult the problem is for you.



Safety



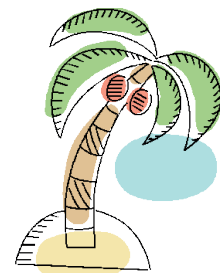
Emotional



Home



Social



Health



Education