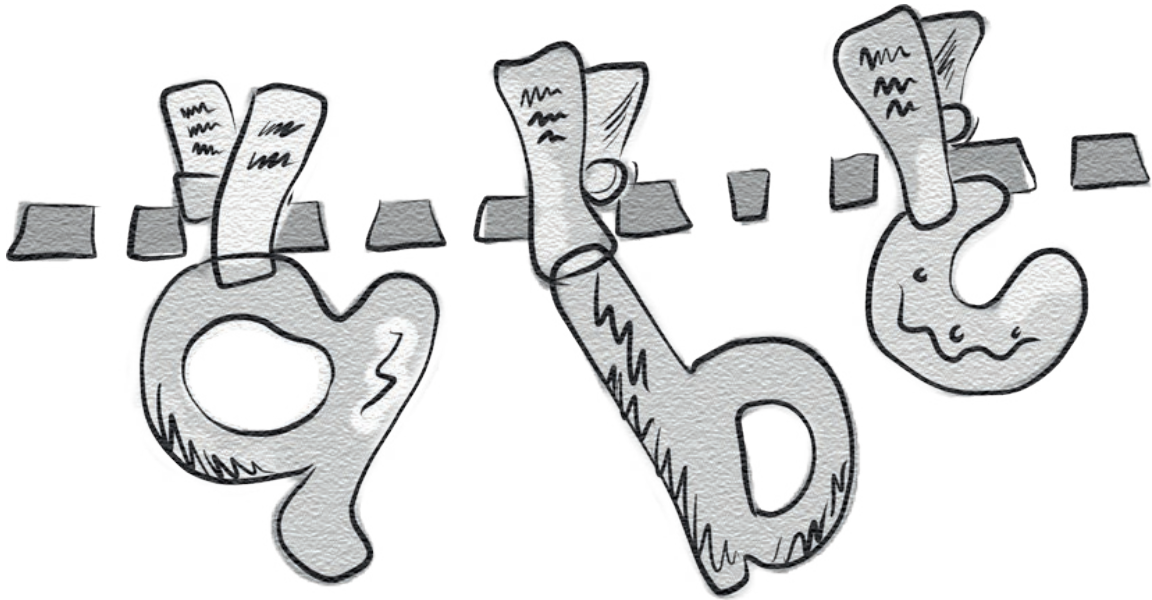
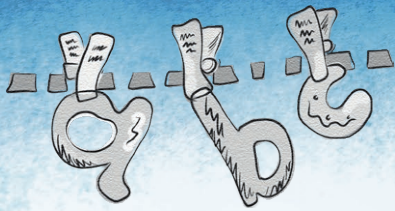


# ABC Behaviour Chart

## Worksheet



Use this worksheet with children & adults.  
This can help people label their problems  
& become solution focused.






# Behaviour Analysis Chart

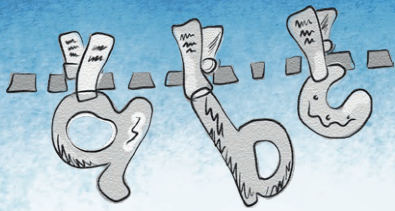
Name of person observed:

Age of person observed:

Name of Observer:

Description of behaviours of interest
---------------------------------------

<b>Time</b>	7.15pm	
 <b>Antecedant</b> (What happened before the incident?)	Joseph told Michelle to shut up.	
 <b>Behaviour</b> (What behaviour did you see?)	Michelle punched Joseph in the stomach and ran off.	
 <b>Consequence</b> (What was the result of this behaviour?)	Joseph cried and Michelle ran away.	
<b>Possible Function</b>	Stopping others  Escape	
<b>Notes/ Further Observations</b>	Does not like being interrupted or told what to do. Aggressive behaviour, then hides feelings of shame and guilt afterwards? Finds emotions difficult to deal with.	






# Behaviour Analysis Chart

Name of person observed:

Age of person observed:

Name of Observer:

Description of behaviours of interest

<b>Time</b>		
 <b>Antecedent</b> (What happened before the incident?)		
 <b>Behaviour</b> (What behaviour did you see?)		
 <b>Consequence</b> (What was the result of this behaviour?)		
<b>Possible Function</b>		
<b>Notes/ Further Observations</b>		